## **Growing Microgreens**

Microgreens are the some of the most nutritious vegetables on earth. You can easily and quickly grow them in controlled indoor places all year round. No matter the size of your apartment or house, you can be a farmer all year round! Learn how to effectively grow microgreens from planting to harvest.

It may be January, but that doesn't mean we can't start gardening now. You can grow and harvest fresh microgreens in your home every 7-10 days all winter long. Potting soil, containers and seeds will be provided.



## January 9, 2018 6:00-8 pm \*

R.G. Drage Career Center 2800 Richville Rd. SW Massillon

RSVP by January 2 to Kathy Humble at 330-478-0508 khumble@neo.rr.com

\*Start time includes a Meet & Greet time prior to the Speaker's presentation

## Bring your garden gloves and join in the fun!

- Learn why microgreens are so nutritious
- Learn how to plant and harvest microgreens
- Taste a variety of microgreens
- Get recipe ideas
- Discover various sources for ordering microgreen seeds
- Plant some microgreens to take home

## **Diane Patris**

A Stark County Master Gardener Volunteer since 2009, Diane has been an avid gardener all her life. As well as the Master Gardener program, she is also involved in numerous projects at the Canton Garden Center. After watching a PBS program about growing microgreens last year, Diane began studying about them and growing them in her home.

STARK COUNTY MASTER GARDENER VOLUNTEERS

CE 1.5 Hours

